

Lagan College Canteen

Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day £1.30	Red Lentils	Vegetable Broth	Cream of Mushroom	Tomato & Basil	Carrot & Coriander
Main Course One £3.34	Beef Curry with Steamed Rice	Jalfrezi Curry with Steamed Rice	Chicken Korma with Steamed Rice	Beef Lasagne, Slaw, and Garlic Slice	Battered Cod, Chips & Mushy Peas
Main Course Two £3.34	Creamy Peppered Chicken with Steamed Rice	Roast Beef Dinner with Roast Veg, Mash, Yorkshire Pudding & Gravy	Chilli con Carne with Steamed Rice or Jacket Potato	Roast Chicken Dinner, with homemade stuffing & Gravy	Chicken Curry, Steamed Rice, Chips
Vegetarian Meal £2.40	Cheese, Onion & Tomato Quiche with Side Salad - Pasta Bake	Large Spring Rolls with Sweet Chilli Dip - Pasta Bake	Mozzarella Cheese Sticks - Pasta Bake	Vegetable Lasagne, Slaw, and Garlic Slice - Pasta Bake	Mediterranean Vegetable Curry, Steamed Rice, Chips
Street Grub £1.90	Chicken Burger - Margareta/Pepperoni Pizza	Cheeseburger - Margareta/Pepperoni Pizza	BBQ Rib Burger - Margareta/Pepperoni Pizza	Foot Long Hot Dog - Margareta/Pepperoni Pizza	Chicken Goujon Wrap - Margareta/Pepperoni Pizza
Morning Break £1.00	Sausage Roll - Fish Finger Wrap	Sausage Roll - Cheese & Ham Roll	Sausage Roll - Bacon Bap	Sausage Roll - Sausage Bap	Sausage Roll - Crispy Waffles
Daily Extras £1.70	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling





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Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day £1.30	Carrot & Coriander	Potato & Leek	Vegetable Broth	Tomato & Basil	Carrot & Coriander
Main Course One £3.34	Chicken Tikka Masala, Steamed Rice & Naan Bread	Chicken Jalfrezi with Steamed Rice & Garlic Slice	Rogan Josh Chicken Curry with Steamed Rice with Parsley Naan Bread	Beef Lasagne, Slaw and Garlic Slice	Battered Cod, Chips & Mushy Peas
Main Course Two £3.34	Chilli Con Carne with Steamed Rice or Jacket Potato & Nachos	Cottage Pie with Honey Roasted Veg	Braised Beef Stew with Crusty bread	Roast Beef Dinner, with homemade stuffing, Gravy and Yorkshire Pudding	Chicken Curry, Steamed Rice, Chips
Vegetarian Meal £2.40	Roasted Vegetable Masala - Pasta Bake	Vegan Beetroot Burger with side Salad - Pasta Bake	Vegan Sausage roll with Side Salad - Pasta Bake	Vegetarian Lasagne, Slaw and Garlic Slice - Pasta Bake	Vegetable Curry, Steamed Rice, Chips
Street Grub £1.90	Chicken Burger - Margareta/Pepperoni Pizza	Cheeseburger - Margareta/Pepperoni Pizza	BBQ Rib Burger - Margareta/Pepperoni Pizza	Foot Long Hot Dog - Margareta/Pepperoni Pizza	Chicken Goujon Wrap - Margareta/Pepperoni Pizza
Morning Break £1.00	Sausage Roll - Fish Finger Wrap	Sausage Roll - Cheese & Ham Roll	Sausage Roll - Bacon Bap	Sausage Roll - Sausage Bap	Sausage Roll - Crispy Waffles
Daily Extras £1.70	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling





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Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day £1.30	Cream of Mushroom	Red Lentil	Vegetable Broth	Potato & Leek	Carrot & Coriander
Main Course One £3.34	Rogan Josh Chicken Curry with Steamed Rice	Chicken Korma with Steamed Rice	Tikka Masala with Steamed Rice	Beef Lasagne, Slaw and Garlic Slice	Battered Cod, Chips, Mushy Peas
Main Course Two £3.34	Roast Chicken Dinner, Stuffing, Gravy and Roast Veg	Beef Stew with Crusty Roll	Cottage Pie with Roasted Veg	Roast Beef Dinner, with homemade stuffing, Gravy and Yorkshire Pudding	Chicken Curry, Steamed Rice, Chips
Vegetarian Meal £2.40	Mozzarella Sticks with Sweet Chilli Dip - Pasta Bake	Large Vegetable Spring Rolls with Dips - Pasta Bake	Edenderry Veggie Burger with Side Salad - Pasta Bake	Vegetarian Lasagne, Slaw and Garlic Slice - Pasta Bake	Vegetable Curry, Steamed Rice, Chips
Street Grub £1.90	Chicken Burger - Margareta/Pepperoni Pizza	Cheeseburger - Margareta/Pepperoni Pizza	BBQ Rib Burger - Margareta/Pepperoni Pizza	Foot Long Hot Dog - Margareta/Pepperoni Pizza	Chicken Goujon Wrap - Margareta/Pepperoni Pizza
Morning Break £1.00	Sausage Roll - Fish FInger Wrap	Sausage Roll - Cheese & Ham Roll	Sausage Roll - Bacon Bap	Sausage Roll - Sausage Bap	Sausage Roll - Crispy Waffles
Daily Extras £1.70	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling





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