



## LAGAN COLLEGE

### Week 1

#### MONDAY

Vegetable Soup  
& Wheaten Bread

Chicken and Broccoli Bake  
Sweet corn

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Chips

Pasta King

#### TUESDAY

Tomato Soup  
& Crusty Roll

Roast Pork, Gravy & Apple Sauce  
Mashed potato  
Baton Carrots

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

#### WEDNESDAY

Vegetable Soup  
& Wheaten Bread

Chicken Tikka Massala  
Boiled Rice

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

#### THURSDAY

Leek & Potato Soup  
& Crusty Roll

Chilli con carne  
Boiled rice

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

#### FRIDAY

Vegetable Soup  
& Wheaten Bread

Herb crusted Salmon fillet,  
baby boiled potatoes  
and seasonal vegetables

Lasagne with coleslaw  
Mixed Leaf Salad  
Chips

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Pasta King

**Mixed salad, homemade coleslaw in light mayo,  
homemade sandwiches, filled rolls, baguettes, wraps, panini and  
jacket potatoes served daily.**

**Sausages and hot dogs will only be served on  
Tuesdays and Thursdays and Monday will be a  
'NO RED MEAT DAY' due to new legislation.**



## LAGAN COLLEGE

### Week 2

#### MONDAY

Vegetable Soup  
& Wheaten Bread

Roast stuffed chicken  
Mashed potato  
Baton Carrots

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Chips

Pasta King

#### TUESDAY

Carrot and Parsnip Soup  
& Crusty Roll

Mexican Enchilladas  
Boiled rice  
Mixed salad

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

#### WEDNESDAY

Vegetable Soup  
& Wheaten Bread

Lasagne with coleslaw  
(in lite mayo)  
Oven roast potato  
Mixed leaf salad

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

#### THURSDAY

Tomato & Basil Soup  
& Crusty Roll

Irish stew

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

#### FRIDAY

Vegetable Soup  
& Wheaten Bread

Freshly Battered Whiting  
Chips & Peas

Chicken Korma  
Boiled Rice

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Pasta King

**Mixed salad, homemade coleslaw in light mayo,  
homemade sandwiches, filled rolls, baguettes, wraps, panini and  
jacket potatoes served daily.**

**Sausages and hot dogs will only be served on  
Tuesdays and Thursdays and Monday will be a  
'NO RED MEAT DAY' due to new legislation.**



## LAGAN COLLEGE

Week 3

### MONDAY

Vegetable Soup  
& Wheaten Bread

Chicken & Sweetcorn Pie  
Garden Peas

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Chips

Pasta King

### TUESDAY

Lentil Soup  
& Crusty Roll

Braised steak  
Mashed potatoes  
Baton Carrots

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

### WEDNESDAY

Vegetable Soup  
& Wheaten Bread

Sweet and Sour Chicken  
Boiled Rice

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

### THURSDAY

Mushroom Soup  
& Crusty Roll

Pork steaks with pepper cream sauce  
Champ and vegetables

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

### FRIDAY

Vegetable Soup  
& Wheaten Bread

Beef Curry  
Boiled rice

Prawn open sandwich

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Chips

Pasta King

**Mixed salad, homemade coleslaw in light mayo,  
homemade sandwiches, filled rolls, baguettes, wraps, panini and  
jacket potatoes served daily.**

**Sausages and hot dogs will only be served on  
Tuesdays and Thursdays and Monday will be a  
'NO RED MEAT DAY' due to new legislation.**



## LAGAN COLLEGE

### Week 4

#### MONDAY

Vegetable Soup  
& Wheaten Bread

Chicken fillet with Pepper Sauce  
Baby boiled potatoes  
Baton Carrots

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Chips

Pasta King

#### TUESDAY

Tomato Soup  
& Crusty Roll

Mince and onion pie  
Mashed potato  
Baton carrots

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

#### WEDNESDAY

Vegetable Soup  
& Wheaten Bread

Pork with Szechuan Sauce  
Boiled Rice

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

#### THURSDAY

Leek & Potato Soup  
& Crusty Roll

Sweet chilli chicken  
Oriental vegetables  
Boiled rice

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

#### FRIDAY

Vegetable Soup  
& Wheaten Bread

Lasagne with Coleslaw  
Mixed Leaf Salad  
Chips

Battered Haddock  
Chips & Peas

Selection of freshly filled Panini  
with Salad & Coleslaw Garnish

Trattoria Pizza

Pasta King

**Mixed salad, homemade coleslaw in light mayo,  
homemade sandwiches, filled rolls, baguettes, wraps, panini and  
jacket potatoes served daily.**

**Sausages and hot dogs will only be served on  
Tuesdays and Thursdays and Monday will be a  
'NO RED MEAT DAY' due to new legislation.**